## TITLE OF THE INVENTION METHOD FOR INHIBITING BONE RESORPTION

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## ABSTRACT OF THE INVENTION

Disclosed are methods for inhibiting bone resorption in mammals while minimizing the occurrence of or potential for adverse gastrointestinal effects. Also disclosed are pharmaceutical compositions and kits for carrying out the therapeutic methods disclosed herein. The compounds are bisphosphonates selected from the group consisting of alendronate, cimadronate, clodronate, tiludronate, etidronate, ibandronate, risedronate, piridronate, pamidronate, zoledronate, optionally in combination with a histamine H2 antagonist.